



THRIVE 2018

Follow Up
Small Group
Leader's Guide

This guide is designed to help you lead a group of men in follow up meetings after this year's retreat.

Read the scripture together, then discuss the questions, remembering to pray with and for one another at the end of your session.

Our hope is that this creates lasting, real connection between you and the men in your group.

'As iron sharpens iron, so one man sharpens another.' Proverbs 27:17

NOTES

Week One

Genesis 32:1–32

Wounded and Healed

Jacob is heading home uncertain whether his brother is a friend or a foe. What is it like in your Family to stay connected and protected?

What do you think of Jacob's prayer?
Is he believing God or doubting?

What was Jacob hoping to do by sending all his gifts?

What is your strategy for winning favor with family and friends?

In the story, Jacob was alone, wrestling in the dark all night with an opponent he could not beat. Have you been there?

Why did Jacob persist questioning?
What was he willing to risk his life for?

Is there anything you wanted that badly?

NOTES

Did Jacob win or lose?

Was he wounded or healed?

What kind of outcome are you looking for in your wrestling with God and man?

Week Four

Mark 5:22-43

Seeking and Finding

Where did Jairus get his faith?

Why did Jesus stop?

Why did her touch release a power that healed?

Can we still believe after something or someone has died?

Is it safe to feel our deep vulnerabilities alongside our deep desires?

Is it harder for you to trust God with your hurts or with your hopes? Why?

Week Two

I Kings 19:1-15

Resignation and Revelation.

Why was Elijah so afraid of Jezebel?

Have you ever felt like “you had enough” that you are just “done?”

How are you doing with rest and nutrition?

How is your emotional, mental and spiritual life affected by self care?

What kind of thinking goes on in your “man cave?”

Where and how did Elijah think God would show up?

How about you?

Has God been whispering anything to you?

Is there something you need to go back to?

Week Three

II Kings 5 1-19

Doubts and Dedication

Why would Naaman take a health recommendation from a captured slave?

Is there a difference between believing and knowing that something is true?

What is the difference?

Why was Naaman so angry and offended?

What things have offended you on your journey to healing?

Why did Naaman resist a simple assignment?

What was blocking him from obedience?

What simple things have you refused to do?

Did Naaman obey because he believed, or did he believe because he obeyed?

How about you?

Why did they even want to pay? Why did Elisha refuse?

Why did Naaman want to carry the ground where he was healed?

What ground do you carry with you?